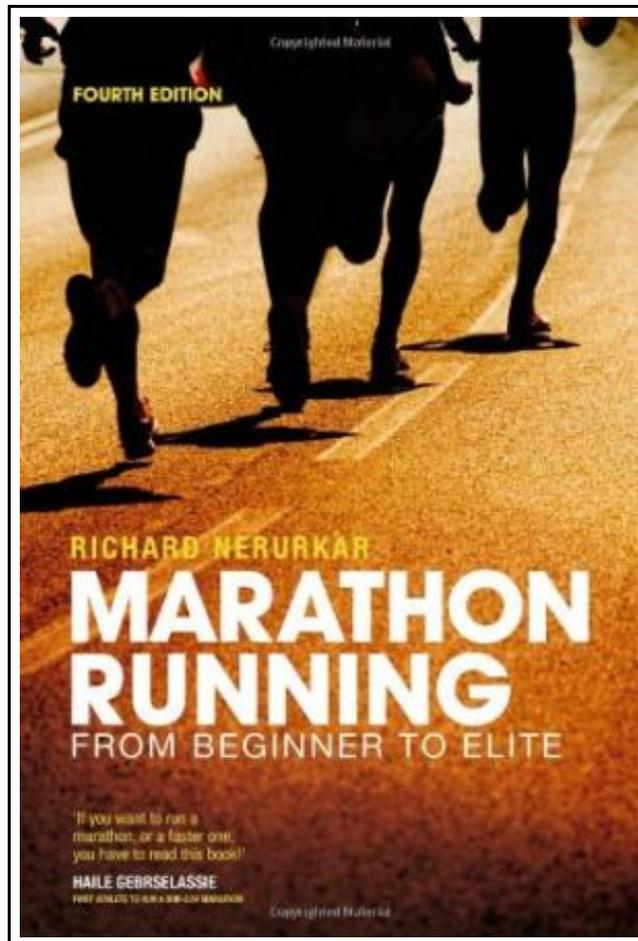


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(Prof. Maya Hand)

MARATHON RUNNING: FROM BEGINNER TO ELITE (4TH REVISED EDITION)



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