



The Encyclopedia of Healing Points: The Home Guide to Acupoint Treatment

By Roger Dalet M. D.

Healing Arts Press. Paperback. Book Condition: New. Paperback. 288 pages. Dimensions: 9.9in. x 7.9in. x 0.6in. A complete home health guide for treating more than 150 common illnesses with the stimulation of acupressure points. Provides treatment points for conditions ranging from diabetes and heart problems to insomnia and stage fright. Offers a safe and effective alternative, or supplement, to standard allopathic medical treatment and pharmaceuticals. A safe and effective technique for finding relief from pain and illness--be it a cold or flu, asthma or arthritis--is, quite literally, right at your fingertips. We have all experienced how the simple power of touch can bring such comfort and relief. Massaging specific healing points used in acupressure directs this powerful energy in a way that stimulates the body's own natural healing ability. Illustrated in full color, The Encyclopedia of Healing Points presents a complete guide for treating more than 150 diseases and disorders--from chronic conditions such as arthritis, diabetes, and heart problems to more minor problems such as tinnitus, insomnia, and stage fright. Each treatment protocol includes Dr. Dalet's guidance on how acupressure can best help the situation--whether it is capable of completely curing a condition or whether it should be used in conjunction...

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